

2018 Community Enrichment

*Spring Classes
held at the
Sanilac Career Center*



175 Aitken Rd Peck MI 48466
810-648-4700



Looking for a Certain Class?

We are always looking for new classes to offer. If you would like to teach a class or if you don't see the class you are looking for, contact Mary Fraley at 810-648-4700, ext 4266. We will do our best to make it happen.

Keep Your Name on Our Mailing List

Like everyone, we are trying to keep our costs down. Send an email to the address below to stay on our mailing list. You will be assured of getting all the latest information on classes as well as early notification as new classes are added! If you need a paper copy sent, call us with your information to keep your name on our list.

Note: We will be starting a new mailing list at the beginning of every year.

*We now accept Credit and Debit Cards
Visa, MasterCard and Discover*



Check us out on our website for new classes and the latest information at
<http://www.sanilacisd.org>

Belly Dancing

\$50 Tuesdays, 6:00 - 7:00 pm

Learn the basic moves for traditional belly dancing while getting some great exercise. Students will learn the correct posture and muscle control to become proficient at combining moves to perform a beautiful dance. Belly Dancing is for any age, size and shape. Anyone can learn and have fun. No previous experience is necessary. Students should wear comfortable clothes.

Instructor: Stacey Rowe

April 10 – May 29 (8 weeks)

Oil Painting - Bob Ross Style

Mondays, 4:30 - 8:30 pm

April 9, May 14, June 11

No experience or "talent" is required, just a desire to paint. This painting class teaches the wet-on-wet method of oil painting. Paintings are completed in one session.

Cost is per class and Due In Advance. Students need to **bring a 16 x 20 canvas**, baby wipes, paper towel, and box to bring painting home.

Call to get your name on the list to see what will be painted each month

Instructor: Tracy Stokes

\$58 (does not include canvas)

Each class is independent



Line Dancing

Thursdays

Basics:

6:00 - 7:30 pm

\$5.00 per session

Beyond Basics:

7:00 - 8:30 pm

\$5.00 per session

Both classes:

6:00 - 8:30 pm

\$10.00 per session

Learn the basics to Country Line Dancing. This class will start you out at the beginning of each dance with easy steps that you can build on each week. Don't worry if you miss one, you will be able to catch up in no time! Soon you will be dancing like the pros. Bring your friends and plan to have a great time. Line dancing is a great form of exercise!

NOTE: Basic Class has slower paced line dances for beginners. Beyond Basic is a faster pace.

Instructor: Carole Daugherty

April 12 – May 17 (6 weeks)

Beach Glass Jewelry and More

\$30 per class

New classes! Join a class to choose which product you would like to make. Options include a Sun Catcher or a choice of Bracelet or Broach. Join the special Mother's Day class on May 9.

Visit "Beach Glass Jewelry by Christine" on Facebook for more information.

Thursday April 19 6:00 – 8:00 pm

Monday April 30 1:00 – 3:00 pm

Instructor: Christine Mack

Wednesday May 9 6:00 – 8:00 pm

Pharmacy Technician Program

\$1,199 (includes books)

Tuesdays & Thursdays, 6:00-9:30 pm

Instructor: Kathleen Willing, BCPS

March 20 – May 15 (8 weeks)

50 hours + 60 Clinical hours

Clinical Medical Assistant Program

\$2,599 (includes books)

Tuesdays, Wednesday, Thursdays, 6:00-9:30 pm

Instructor: Katrena Doughty-Jordan

February 27 – June 5 (14 weeks)

140 hours + 160 Clinical hours

Dental Assistant Program

\$1,399 (includes books)

Mondays & Wednesdays, 6:00-9:30 pm

Instructor: Candyce Koepfel

March 12 – May 14

60 hours + 40 Clinical hours

Electronic Health Record Management Program

\$1,999 (includes books)

Tuesdays & Thursdays, 6:00-9:30 pm

Instructor: TBA

March 6 – June 14

95 hours

Phlebotomy Technician Program

\$1,799 (includes books)

Mondays & Wednesdays, 6:00-9:30 pm

Instructor: TBA

March 5 – June 13

90 hours

Medical Administrative Assistant

\$999 (includes books)

Mondays & Wednesdays, 6:00- 9:30 pm

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. This program covers important background information on the medical assisting profession and interpersonal skills, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that a student can gain the necessary skills required to obtain a medical administrative assistant position in the health care field.

Note: This program meets the necessary requirements to take the National Healthcareer Association (NHA) - Certified Medical Administrative Assistant (CMAA) exam.

Medical Coding

\$225 + \$320 (books)

Mondays, 5:30-9:30 pm

Learn how to code with the latest methods. Deb has taken the American Health Information Management Train- the-Trainer and became a Certified ICD-10 trainer. This class will teach ICD-10 Diagnosis coding used in both hospital and physician offices.

Physicians Medical Billing

\$225 + \$230 (books)

Tuesdays, 5:30 – 9:30 pm

Understanding Health Insurance and the guide to billing and reimbursement is all covered in this 10 week course. This course covers Physician billing. Students will be introduced to information about major insurance programs, provided basic knowledge of national diagnosis and procedure coding systems, and learn to simplify the process of completing claims.

Medical Terminology

\$225 + \$100 (books)

This class is designed to teach students easy ways to apply prefixes, learn how to correctly pronounce medical terms, and remember roots and suffixes. Students will learn how the parts of the terms combine to form medical terms. This is a great beginner class for medical students.

Instructor: Deb Sherman

March 19 – June 4 (10 weeks)

Instructor: Deb Sherman

March 20 – May 29 (10 weeks)

Instructor: Deb Sherman

Dates determined by enrollment

Certified Nurse Aide

\$900 (includes books and clinical hours)

Tuesdays, 3:00-8:30 pm

Wednesday & Thursdays, 4:00-8:00 pm

The Certified Nurse Aide program is an 80-hour course, which includes class work with lab work and 16 hours of clinical work at a medical care facility. Students learn basic health care procedures including pulse rates, taking temperatures, respiration, blood pressure, and patient care. This program will prepare students to take the State test

Instructors: Sherry Peters &

Jamie Marley

80 hours (13 weeks) April 10 – June 12

80 hours (9 weeks) March 13 – May 17

American Heart CPR & First Aid

\$75

This CPR class is an **American Heart** Basic Life Support for Healthcare Providers & Heartsaver First Aid training, including AED training. This class will cover adult, infant, and child CPR/AED, and first aid. Students will learn to identify when CPR is necessary, how to administer it, the CAB's of emergency care, and practice on the CPR mannequin.

Instructor: Pat Beauchamp

Classes scheduled based on enrollment

2 days – 3 hours each

Reiki I

\$75

Thursdays, 6:00 – 8:00 pm

Reiki is a form of hands-on, natural healing that uses universal life energy. Reiki is an alternative therapy for holistic health with benefits including stress reduction and relaxation which help the body heal. In this class, students will learn the basics of Reiki, the history behind the process, and the hand positions used during the process. Students will also learn how to do a self-treatment. Handouts are included with the class. At the completion of this class, students will receive a certificate for Reiki I.

Instructor: Stacey Rowe

April 12 – April 26 (3 weeks)

Reiki II

\$75

Thursdays, 6:00- 8:00 pm

Students will learn distance healing and Reiki symbols in this three-week course. Students must have already taken a Reiki I course.

Instructor: Stacey Rowe

May 10 – May 24 (3 weeks)

Reiki III

\$300

Thursday, 6:00-8:00 pm

Students will become a Master in this Reiki III class. Students will learn how to give Attunements and learn how to set up and teach a class to other students.

Instructor: Stacey Rowe

May 31- June 14 (3 week)

Animal Reiki

\$25

Thursday, 6:00-8:00 pm

Small and large animals can also benefit from a Reiki treatment. Students will learn how to give a Reiki treatment to all types of animals in this class.

Instructor: Stacey Rowe

May 3

Students must take a Reiki I class prior to this class.

Certified Welding

\$1,900

Mondays, Tuesdays, Wednesdays, Thursdays

3:30-6:30 pm

Our certified welding class prepares students to become certified in one area in both vertical and overhead positions. Students prepare to take an in-house certification following standards and guidelines from the American Welding Society. Certification is available in either MIG, TIG, or ARC welding.

90% attendance is required for certification.

It is strongly recommended that students have some prior experience in welding or have taken the Basic Welding class prior to taking the certification class.

Instructor: Dennis Paschke

March 19 – May 24

120 hours (10 weeks)

Basic Welding

\$200 (includes supplies)

Dates and times dependent on enrollment

This class is for entry-level positions in welding and for the experienced welder. Students will learn what is involved in welding and may choose to specialize in any area of welding to complete basic projects if time allows. Skill areas include oxyacetylene welding, cutting and brazing, arc welding, MIG and TIG welding.

Instructor: Dennis Paschke

March 19 – March 15

20 hours

Getting Paid to Talk

\$20; Wednesday, 6:30- 9:00 pm

Instructor: TBA

May 17

Make Money with Your Voice! This class is an introduction to professional voice-overs.

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. This will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone with an interest in voice acting professionally.

Register early! Space is limited. Registrations must be in by **May 9th.**

Cooking Basics

Instructor: Chef Aaron Puzan

\$25 plus \$15 for supplies per week (2 classes)

Mondays and Thursdays, 4:00 – 8:00 pm

March 19 – May 31 (10 weeks)



Are you ready to challenge your taste buds? In this class, students will learn to prepare a different meal each class period covering a starch, vegetable, and protein. Students will be able to take some home to share with their family. This class will be all hands on with breaks for discussion. During this 10-week program, students will learn about food safety, knife skills, understanding meats and poultry, sauces, pasta and breads, greens and vegetables, thickening agents, methods of cooking including broiling, roasting, broasting, poaching, sautéing, frying, sweating, and recipe break down and building.

Students may come to one week or all ten.

Registrations must be received one week before class so supplies can be purchased.

Women's Self Defense

\$25

Wednesday, 6:00 – 8:30

This training will increase your awareness, help you avoid dangerous situations, and empower you with escape and striking techniques that really work! Students will learn how to stay aware of their surroundings, the pros and cons of self-defense tools such as pepper spray, firearms, edged weapons, effective empty-hand fighting techniques, and ground fighting techniques to defend against sexual assault. Master Law Enforcement Trainer, Henry Reyna, teaches this class. His expert knowledge as a law enforcement officer provides you with precise and thorough training to help you be prepared for and defend yourself in the case of a violent situation. Students should wear clothing that allows kicking and swinging of the arms.

All techniques will be taught in static step progression.

Instructor: Henry Reyna

March 28

Active Shooter Training

\$10

Wednesday, 6:00 – 8:30

What if you find yourself in the wrong place at the wrong time? Learn strategies and techniques that could save your life and the lives of those around you. Learn how to avoid, survive, and escape active shooters and other life-threatening situations. This training is designed to increase your situational awareness and be an overview of other classes available designed for your particular circumstances. These classes consist of tactics to avoid, survive, and escape dangerous situations using proven law enforcement techniques. Students will learn how to implement a lockdown/secure-in-place response, recognize cover and concealment opportunities, deliver effective empty-hand striking techniques, fight back with improvised weapons, use a gun, knife, Taser, pepper spray, or other personal safety tool (as allowed by workplace policies), and respond if you are an armed citizen with a CPL. Register now! Space is limited!

Instructor: Henry Reyna

April 25

Essential Oils Training

Cost: FREE

Tuesdays, 6:30-8:00 pm

If you would like to learn more about how essential oils work and what certain oils can do, these classes are for you. They will be held weekly and you can come to all or as many as you are able. Each class will offer a wealth of information you can use right away to help bring your life closer to balanced. Please reserve your spot early!

April - Classes will focus on Gardening and oils, the best oils to take with you while traveling, and 101 ways to use Lemon, Lavender, and Peppermint.

May - Classes will focus on Pets and oils, Natural First Aid kits, Weight loss and using oils.

June - Classes will deal with gearing up for summertime activities. The focus will be on oils for protection from the elements, and the oils that are best to take with you on your camping trips. Students will be able to try fresh recipes using oils.

Instructor: Marcie Bush/Naysa Heilig

April 10 – 5 (9 weeks)

Yoga

Instructor: Sue Daves

\$50

Wednesdays, 6:00 – 7:00 pm

March 21 – May 16 (8 weeks)

Come stretch yourself with us! You will learn the basics of yoga to get you up and going in this short eight-week beginning yoga class! You'll feel better, have better posture, and get into shape.



Computers for Beginners

\$15 each session / \$60 for all classes

Wednesdays, 6:00 – 8:00 pm

Students may take one or all of the classes listed below depending on experience level. Students should bring a CD or USB flash drive to save your data and practice for all classes. Computers are available for practice but students should bring their laptop to class if they have one.

April 11 - Learning to use Windows, Part 1-Maintain with confidence

Quick review of basics to get all up to speed. Students will learn the basics of maintaining their computer, where to go for information about their computer, the importance and necessity of regular updates and anti-virus program, system backup, and cleanup tools. Students will learn how removing old programs, cleaning off the desktop and deleting old e-mails can speed up your computer. Tips and tricks to make your computer run cooler and smoother will also be discussed.

April 18 - Learning to use Windows, Part 1-Understanding your equipment

Students will start with the basic components of a computer, mouse, keyboard and its functions and simple shortcuts, computer terms and terminology relating to software and applications, the difference between files and folders, how to create, name and save files, and learn how to cut and paste text. Students will learn lots of tips and tricks and hidden features to make computing tasks seem effortless.

April 25 - Learning to use Windows, Part 2-Create to access

A continuation of basic Windows. Students will learn how to access programs, create and organize files, move files by dragging and dropping, learn how and where to save work and how to find it again. Save and save as for files will be explained. Tips and shortcuts that can be applied to every day computing will also be shared.

May 2 - Learning to use Windows 10

Students will learn the differences between Windows 10 and older versions of Windows. They will also learn how to move around in this operating system.

Going Digital

Instructor: Janet Confer

\$45; Mondays, 5:30 pm – 7:00 pm

April 9 – April 30 (4 weeks)

Do you have a digital camera that does really cool things but you need help?

Come spend some time with an expert who can have you taking professional, fun, artistic pictures in no time.

Be sure to bring your digital camera with you.



Builder's License Classes - Online

Are you interested in pursuing a career in the construction trades? Get the training you need online where you can progress at your own pace. Students have six months to complete the courses. Practice for the licensing exam is also included. Call for more information at 810-648-4700, ext 4266 or check out this link for more information: [60 Hour Online Class](#)- Michigan Builders 60 Hour Prelicensing Class, or [Continuing Competency Online Classes](#) – Michigan Builders Continuing Education Classes.

Be sure to mention you heard about these classes from the Sanilac Career Center/Sanilac ISD.

ONLINE CLASSES!

Take classes from the comfort of your home without having to spend money on gas and time on travel. Don't have high-speed internet to take online classes? Don't let that stop you. Students are welcome to use the Career Center computers during designated hours to complete their class assignments.

All online classes have instructor support through email and all books and supplies are included in the cost. Students are given 6 months to complete the programs with an extension if needed. Most finish within 4 - 6 months. For additional information, please contact Sanilac Career Center at **810-648-4700, Ext 4266**, or email mfraleey@sanilacisd.org.

Health Ed Today courses include:

- 24 hour a day instructor support & course mentors
- engaging labs, student exercises and course videos
- all textbooks, workbooks and student materials
- a new "Secure Student Website" – including career resources & other training
- national certification exam options for most classes
- certain programs include clinical externships!

Pharmacy Technician - - - - -	\$1,299
Clinical Medical Assistant Program - - - - -	\$2,499
Dental Assisting - - - - -	\$1,299
EKG Technician - - - - -	\$1,299
Electronic Health Record Management Program - - - - -	\$1,299
Phlebotomy Technician - - - - -	\$1,299
Medical Billing & Coding - - - - -	\$1,799
Medical Coding ICD-10 - - - - -	\$ 999
Medical Administrative Assistant - - - - -	\$1,299
Dialysis Technician - - - - -	\$1,299
Medical Terminology - - - - -	\$ 499
ECG / EKG Course for Nurses - - - - -	\$ 699

Visit us online at the [HealthEd Today Website](#) to experience a [Course Demo](#) and to learn more about these exciting new courses!!

Additional Online Classes

Business Management
Marketing
IT Software
Paralegal Professional
Web Development
Microsoft Office 2010

See all career tracks available at: [Myedtoday Website \(http://myedtoday.com/sanilac/\)](http://myedtoday.com/sanilac/)



Sanilac County Families Against Narcotics cordially invites you to join us for our monthly FAN Family Forum

Mission of F.A.N.: Saving lives by empowering individuals and communities to prevent and eradicate addiction.

Four Main Goals and Pillars of F.A.N.:

Change the Face and Stigma associated with opiate addiction (or any addiction).

Provide a family forum monthly conducive to education and prevention.

Enhance community options: treatment, rehab, recovery coach.

Preventative: Presentations in the community and schools enhance community options.

F.A.N. meets the second Tuesday evening of the month beginning at 6:30 pm at the Marlette Regional Hospital Auxiliary Room, 2770 Main St, Marlette, MI 48453.

Like our page and follow us on Facebook - Sanilac County Families Against Narcotics

- November 14, 2017
- December 12, 2017
- January 9, 2018
- February 13, 2018
- March 13, 2018
- April 10, 2018
- May 8, 2018
- June 12, 2018
- July 10, 2018
- August 14, 2018
- September 11, 2018

Community Education Spring Classes – 2018

REGISTRATION FORM

Date: _____

Complete form and mail to:

Sanilac Career Center, 175 E Aitken Rd, Peck, MI 48466, ATTN: Mary Fraley

Name _____ Phone _____

Address _____ Alt Phone _____

City _____ Zip Code _____

Email _____

Class Title _____

Start Date _____ Class Fee _____ Book Fee _____

Class Title _____

Start Date _____ Class Fee _____ Book Fee _____

Class Title _____

Start Date _____ Class Fee _____ Book Fee _____

Total Enclosed _____

(Make checks payable to: Sanilac Career Center) To pay by debit or credit card, please call 810-648-4700, ext 4266

REGISTER BY PHONE OR WALK –IN

Sanilac Career Center 810-648-4700, ext. 4266 or 4209.

Office hours are Monday-Thursday, 8:00 am - 7:00 pm

DEADLINE FOR REGISTRATION IS ONE WEEK PRIOR TO CLASS START DATE!

Book Prices subject to change!

Now accepting Debit and Credit Cards!

For more information, contact us

Mary Fraley

Phone: 810-648-4700, ext. 4266

Fax: 810-648-4834

Email: mfraley@sanilacisd.org

Jill Western

Phone: 810-648-4700, ext. 4209

Fax: 810-648-4834

E-mail: jwestern@sanilacisd.org

Refund & Cancellation Policy

100% refund before the start of the class. If a class is cancelled, a full refund will be issued. Once classes have begun, a refund is only available immediately after the first class session is held.

Financial Aid may be available thru

Michigan Works 810-648-5800



Non-Discrimination Statement

It is the policy of the Sanilac Intermediate School District that no person shall, on the basis of religion, race, color, national origin, gender, handicap, age, height, weight, marital status or disability, be excluded from participation in, be denied the benefits of, or be subject to discrimination during programs, activities, and employment. Inquiries regarding this policy should be directed to Emma Navarro, Special Education Director, 46 North Jackson Street, Sandusky, MI 48471, (810) 648-2200.